

CENTRAL INTELLIGENCE AGENCY

INFORMATION REPORT

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SECURITY INFORMATION

COUNTRY Rumania

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1. The average diet of the enlisted men in the Rumanian Armed Forces was very poor. Each man was given 700 grams of bread per day. Meagre portions of meat were given at two meals during the week. Occasionally macaroni and cheese were also supplied. A typical day's menu would include:

Breakfast: bread, bean soup (or potatoes)
Lunch: cabbage, potatoes (or beans), bread
Supper: ersatz coffee, fermented marmalade, bread.

2. Officers received the same rations as the enlisted men; they could obtain other foods, such as cheese, fruit and eggs, by special purchase. Pilots received special rations, if available, to supply them with 4,400 calories per day. This diet existed only on paper, however.
3. The military agency which supplied food to the Army was called Serviciul Aprovizionarii. The doctor of the unit inspected the food of the troops daily, tasting all food distributed by the mess.
4. The Army had no special field rations. In the event of war, the military would use canned foods or live off the country. I do not know whether the Army had any special foods preserved, but there were food depots in every city for the use of the Army. I do not know how much, if any, was stockpiled. Every city which had a slaughterhouse had a refrigerated supply of meat for the Army. I know that an effort was being made to increase the canned food reserves in Rumania for military use.

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